



Robbi Zeck ND is the developer of Aromatic Kinesiology®, an empowering system of energetic medicine, which blends the harmonizing influences of essential oils with gentle healing techniques that balance the emotions, transform stress and create wellbeing.

Her pioneering work on the psychological benefits of essential oils and how they affect the integration of emotional experiences is beautifully portrayed in her deeply moving workshop series based on her inspirational book *The Blossoming Heart*. Now in its second printing, the book was translated into Mandarin and Spanish in 2006.

Robbi is dedicated to inspiring people to find their own voice through discovering their passion, vision and purpose and assisting them to become the creative force in their own lives. The Blossoming Heart workshops are all designed to offer tools, strategies and support for creating a vision for successful living and wellbeing.

Her seminars and retreats have been conducted in France, Ireland, Indonesia, China, Hong Kong, Taiwan, USA, Australia and New Zealand. Robbi is committed to opening the way for people to create the best possible future for themselves, sharing in her vision for a healthier, joyfully enriched life for all.

For more details please visit:
www.blossoming-heart.com

The Blossoming Heart®

Continuing the journey of nurturing your beautiful heart
Deepening your understanding of the nourishing power of essential oils
Creating spirit on purpose and designing a life that shines
Surrendering to the beauty of possibility
Building emotional resilience through nurture

The Path of Nurture continues the journey of nurturing your loving heart. The key to true wellbeing is to allow self-care to become an important practice in your daily life as you gently use and cherish what comes from this earth. Being at home in yourself brings a strength and sustenance and from this place your authentic self can be fully expressed. The Path of Nurture has self-love at its core and embraces aromatherapy and the Essential Oil Reflections as beautiful reminders of the spirit, look and feel of your life.

AK Two - The Path of Nurture - topics covered:-

- The nature of nurture – where life slows and expands like a graceful dance
- Allowing nourishment to flow as an act of self-care
- Meditation on lavender –nourishment at the soul level
- Refining the kinesiology testing process to converse with the body clearly
- Deepening awareness of the connection between essential oils, emotions, the 14 acupuncture meridians –diagrams, functions, nutrients
- Enhancing detoxification through activation of the lymphatics
- Harmonising the energy fields of the body
- 5 element skin types and essential oil skin care
- Determining your skin type
- Emotions that hamper skin function
- Skin emotions chart
- Restoring skin harmony
- An exploration of the chakras and how they are connected to our belief systems
- Letting go of effort to reduce stress and calm the mind as an act of self-care
- Activation of the Heart Blossom Points to release trapped emotions
- Deepening the counselling process in conjunction with the use of essential oils

Registration Information for 2011- 3 day program

- 28 - 30 October 9.30am-6pm Registration Fee \$550
Vancouver Canada

Co-ordinator - Rae Dunphy Aromatics

- Please Rae Dunphy:-info@raedunphy.ca

Numbers are limited and open to those who have completed AK One. To secure your place please visit:- www.blossoming-heart.com/booking-request.htm

Listen to comments about this work:-

How I felt at the end of AK 2 is now my benchmark. It was so empowering to feel calm, centred and comfortable in my own skin. *Jenny Keady Aromatherapist Sydney Australia*

I loved the skin harmony balance - understanding the emotions behind the skin condition and then finding the right essential oil to nourish the condition and the immediate impact the oil can have on the emotional state. *Vanessa Horn Kinesiologist Melbourne Australia*

I have used aspects from AK One every day and find HUGE value sharing with my massage clients the magic of this process. Thank-you, thank-you, thank-you for sharing your wonderful work. *Sheri Zebroff Massage Therapist Revelstoke Canada*