

Live By Your Own Design

How would you live, if you knew that your life was an unfinished work of art or piece of music?



- Explore your vision for your life clearly and with intention
- Design a focus for the coming year
- Be supported and inspired by others
- Enhance the spirit, look and feel of your life

Facilitator Robbi Zeck ND

Friday 9th October 9.00am - 6.00pm - Cost \$195

Holiday Inn, 65 Hindley Street, Adelaide

This one day, small group workshop is for those who desire to create a vision for *Success Full Living*, incorporating clear strategies for goal setting, planning and how to keep yourself on track throughout the year.

Live By Your Own Design offers a discerning journey within, looks closely at what is important in your life through a process of contemplation, inquiry and gentle, purposeful intent. The powerful effect of simply recognising your uniqueness can be pivotal in directing the flow of your life.

As you define and create your life vision we will then look at ways to support the seeding, flowering and fruiting of your vision.

There is some preparation work to do prior to attending the workshop. This will be sent to you once your \$95 deposit or full payment of \$195 has been received.

What to bring:-

Live By Your Own Design preparation work.

Anything that inspires and supports you in defining the design of your life:- quotes, books, poetry, pictures, objects, music, art, your journal and jottings.

Thoughts of how other people have shaped your experience and the ways you have encouraged others to shine.

Your willingness to contribute to others, share your ideas and your enthusiasm.

Any previous explorations and inquiry about your life purpose.

For bookings contact Wendy Norman 08 8396 3277

Or online at <http://www.aromatic-kinesiology.com/booking-request.htm>

There are two mistakes one can make along the road of truth;
not going all the way and not starting. Buddha